

TIMBERCITY RED HILL MARATHON

FISH HOEK ATHLETIC CLUB

HELPERS RUN

SUNDAY 12 JANUARY 2025



POS	SURNAME	NAME	CLUB	AGE	GENDER	CAT	LIC No	TIME
1	SINANO	OSWALD	SATORI	44	M	40	11990	3:32:15
2	RAUTENBACH	GUSTAV	FISH HOEK	31	M	SEN	8737	3:35:41
3	DE NECKER	LEIGH	FISH HOEK	34	M	F	T	3:48:34
4	CLOETE	MATTHEW	FISH HOEK	39	M	35	8654	3:49:52
5	JEGELS	MATTHEW	FISH HOEK	25	M	SEN	8807	3:58:56
6	LEFRERE	TESSA		40	F	40		4:03:46
7	JACOBS	NEVULE	FISH HOEK	33	M	40	8701	4:06:19
8	RIMBAULT	ANTHONY	FISH HOEK	36	M	35	8740	4:10:33
9	KLOPPERS	BRONWYN	FISH HOEK	43	F	40	8712	4:10:53
10	NATHAN	ERIC	FISH HOEK	56	M	55	8732	4:15:56
11	SHANNON	CELINE	FISH HOEK	46	F	45	8746	4:16:18
12	HARDING	MOIRA	FISH HOEK	54	F	50	8689	4:19:14
13	KOK	BENJI	FISH HOEK	44	M	40		4:19:56
14	FRIESLICH	QUINTOM	FISH HOEK	48	M	45	8681	4:25:03
15	KRAMER	JACO	FISH HOEK	38	M	35		4:37:27
16	SPIES	RENATE	FISH HOEK	43	F	40	8749	4:48:23
17	CHENEY	MARNA	FISH HOEK	48	M	45	8793	4:48:46
18	DENTENER	SEAN	FISH HOEK	52	M	50	8800	4:50:38
19	TOLMSA	MARK	SATORI	63	M	60	12000	4:58:31
20	KOCH	LAUREN	FISH HOEK	30	F	SEN	13688	5:09:45
21	DU PLOOY	CLAIRE	FISH HOEK	39	F	35	T	5:09:47