



RED HILL



42.2KM MARATHON I 36KM CLASSIC & 13KM CHALLENGE

#TimbercityRedhillMarathon



42.2km Marathon & 36km Classic
R250- Licenced | R355 Unlicenced

START 05H00

13 km Red Hill challenge:

Senior Athletes

R110 – Licenced / R 170 –Unlicenced

Junior Athletes

R65 – Licenced / R 105 –unlicenced

START 06H30



Enter online at
www.entryninja.com

SATURDAY 25 JANUARY 2025

**START AND FINISH:
FISH HOEK SPORTS FIELDS**

Timbercity
your project partner



Enquiries: race@fishhoekac.com



WESTERN PROVINCE ATHLETICS

**Remember to #RunClean #RunGreen Bring your own reusable cup/water bottle to
refill at our well stocked water stations.**

No Littering Allowed!

Entry online at <https://www.entryninja.com/>
Remember to #RunGreen. Bring your own reusable cup/water bottle to refill at our well stocked water stations.

Enquiries: race@fishhoekac.com Take note that the entry fee on the flyer excludes an admin fee

Number collection:

Timbercity Montague Gardens (6 Marconi Road)
Tuesday 21st January 14h00-17h00 **OR**

Timbercity Tokai (321 Main Road)

Thursday 23rd January 14h00-17h00 **OR**

Number collection and late entries: FHAC Friday 24th January 16h00-19h00 and Saturday 25th January 04h00-05h00(36km and 42,2km) and 05h00 - 05h45 (13km but limited to 400 entries)

*Race Cancellation: There will be no refunds, but should the event be cancelled for reasons beyond our control, then your basic entry fee for 2025 will be transferred to the 2026 event.

*No dogs are allowed

*Tog bag secure facilities will be provided at your own risk. Please ensure that your tog bag is clearly labeled. FHAC and WPA do not take responsibility for lost or stolen items.

*Coke and water at all tables (every 3km after the 4th km) and at the finish.

*The first 2500 finishers across all the events will receive medals.

Parking:

*Parking is provided on the sports fields on a first come basis. Marshals will direct participants to parking.

*Security officials will patrol the venues, however, runners make use of the parking facilities at own risk.

*Please ensure that you don't leave valuable items in your vehicles.

*TAKE NOTE that drivers parked illegally (especially on Kommetjie Road) will be held liable by the local Traffic officials

RACE RULES:

- 1.The race is run according to the rules of ASA and WPA. All participants must comply with the rules, regulations and instructions given by officials, marshals and traffic officers. Non-compliance may lead to disqualification. The race organizer reserves the right to accept/reject any entry received.
2. Entrants for the 36km and marathon must be 20 years or older. Entrants to the 13km (not entrance) must be 15 years or older.
3. One race number (bib) will be issued. Registered athletes must wear their ASA licences on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA licence sponsor remains visible.
4. Temporary licenced runners must wear the race number on the front of their vest and the temporary licence on the back.
5. Unlicensed athletes must purchase a temporary licence in order to be eligible to compete, (13 km – Snr R60 & Jnr R45) (36 km and 42,2 km – R105)
6. Licenced athletes should wear club colours. Temporary licenced athletes must run in clothing without advertising.
7. Age category tags must be worn (front and back) and be visible for the entire race to be eligible for any age category prize, including Juniors
8. Juniors must have been born in 2006 or later.
9. The race number is linked to your name and finishing time – allowing another person to compete with your number will result in disqualification.

Runners can upgrade or downgrade between the the 42,2 km the 36 km at the bottom of Red Hill by handing in their tear-off corner of their race number to the race official.

10. No personal seconding vehicles or bicycles allowed on the route.
11. Kilometer markers will be placed at each kilometer
12. Do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the finish. Report offenders to the referees. #RunClean
13. The use of music players with headphones is not allowed and may result in disqualification.
14. Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
15. Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.

Permanent numbers:

Permanent numbers for a 10th completed recorded run. Entrants who have completed 9 Red Hill marathons qualify for a permanent number. PLEASE indicate this on the entry form.

Prize giving:

Will take place at FHAC and will start at 09h00 (13 km) and 10h00 (36 km) and 10h30 (42,2 km)

Prize Money: For Men and Woman

36 km and 42,2 km:

Category	1st	2nd	3rd
Open	1300	1000	900
40-49	800	650	500
50-59	800	650	500
60-69	800	650	500
70+	800	650	500

13 km Red Hill Challenge:

Category	1st	2nd	3rd
Open	500	400	300
Junior	300	200	120
40-49	300	200	120
50-59	300	200	120
60-69	300	200	120
70+	300	200	120

Disclaimer: : Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies and all persons assisting in staging the event from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.